Farm to Fright: Halloween Snacks Using Fresh Produce

Fun and spooky Halloween snack ideas for kids to make in the classroom or to serve at parties/during snack time. Children are more likely to try fresh vegetables and fruits when they're served in these fun ways!











Frighteningly Fruity

<u>Banana Ghosts</u>

Take half of a peeled banana and use mini chocolate chips to make a ghost face. <u>Clementine Pumpkins</u> Take a peeled mandarin orange and stick a piece of

celery in the top as the "pumpkin's" stem.

Terrifyingly Tasty Veggies

Bell Pepper Jack-o-Lanterns Cut off the top of bell pepper. Clean out inside. Cut jack-o-lantern faces out of the bell peppers and fill with cut vegetables. Pumpkin Vegetable Platter Use cut veggies and dip and arrange on a tray in the shape of a pumpkin face. Spooky Vegetable Cups Fill clear plastic cups with cut vegetables and draw faces with a sharpie on the outside of the cups. For

carrots draw a jack-o-lantern face. For celery draw a Frankenstein face. For cauliflower draw a ghost face.