


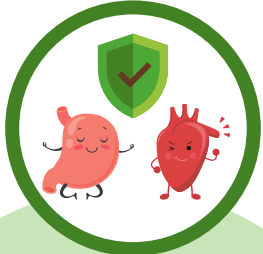
All About Pecans In Alabama

Alabama is a great place to find pecans which grow on trees. Pecan trees provide shade and shelter for animals but also their nuts provide a nutritious resource to eat as a snack or in many fun fall recipes!

Pecans grow on pecan trees and these trees can be found all over Alabama, but grow especially well in warmer areas.



Alabama is the 5th largest producer of pecans in the United States!



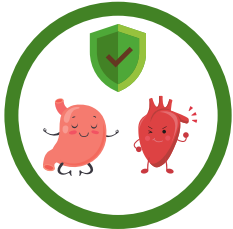
Pecans are a great source of healthy fats that are good for your heart! They are full of antioxidants that keep your skin healthy and can protect your body from chronic diseases. They are also a good source of fiber for a healthy gut!



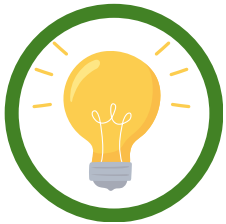
All About Pecans In Alabama



Pecan trees can only produce nuts every two years. One pecan tree can produce 45 pounds of nuts. Pecans grow in clusters with husks on them and when these husks open, the nuts with their shells, will fall out. Once the nuts fall, they can be picked and their shells cracked to eat the pecan nuts found inside. They are harvested in the fall!



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Coloring Time: Draw a picture of a pecan tree with its big, green leaves and its brown, bumpy nuts.
Tasting Time: If possible, try some pecans in your snack! They're crunchy and sweet.